



3. Day opportunities and activities

What you need to know about day opportunities and activities



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Day opportunities & activities

What opportunities are available?

Our services offer a variety of safe activities across the community. We aim to promote independence by developing people's strengths and skills. We also offer a place for people to socialise and meet with others.

We have a variety of services across Buckinghamshire. These are:

- Wycombe Day Services
- Aylesbury Opportunities Centre (including Spectrum Autism Service)
- Burnham Opportunities Centre
- Chesham Opportunities Centre
- Buckingham Opportunities Centre
- Seeley's Short Breaks Service
- Seeley's Day Service
- Spring Valley Autism Service
- Back to Base Supported Employment Service
- Branching Out Garden Maintenance Service

When are services open?

Most services are open Monday to Friday all year round, except for Bank Holidays. Some may also be closed over Christmas.

What happens if I want to go?

To see how we can support you best, we may need to complete an assessment of needs. You can request an assessment by calling 01296 383204.

A member of staff will call you to find out a bit about you and see if the day service can support you. On your first day attending the service, you will have your own support worker who will help you settle in and will create a support plan with you.

After six weeks, we will get in touch with you to make sure that you are happy with how the service is supporting you. We will then complete six-monthly and yearly reviews to make sure you are still happy and the service meets your needs.

How do I get to the day service?

During your assessment of needs we will discuss your travel options. If you are unable to make your own way to the service, transport can be arranged for you.

Will I be given lunch?

Some services may be able to offer lunch. There are a number of ways we can offer lunch, including at the centres and in cafes.

Will I have to pay?

Depending on your financial assessment, you may have to pay for the service and for any transport we arrange for you. There may be additional charges for meals and refreshments and for some activities.

Are the day services accessible?

The day services are fully accessible for those with mobility problems and our sites are wheelchair-friendly. The toilet facilities are also accessible and spacious, and we are always on hand to help if any assistance is needed. Both Back2Base Supported Employment and Branching Out Garden Maintenance operate fully in the local community.

Use this space to write down things you need to remember to tell us

How to contact us

Adult Care Services

To get more information about adult social care services you can:

- Go online: www.buckinghamshire.gov.uk and click on 'Care for Adults'
 - Call: Social worker: Team:

Are you worried about somebody?

If you or someone you know is at risk of abuse or neglect:

-  Call: 0800 137915 (24 hours a day)

If you would like to give us feedback

- **Go online:** Please complete the online form at www.buckinghamshire.gov.uk

If you prefer you can:

-  **Call:** 01296 387844
 **Email:** complimentsandcomplaints@bucksshire.gov.uk